

Please be advised that the NJDOH and NJDOE have revised COVID-19 quarantine and isolation guidelines for K-12 schools.

Effectively immediately, the following guidelines will be adhered to:

Calculating Isolation/Quarantine Time - Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after symptoms developed or the test specimen was collected. Vaccination - to be considered fully vaccinated one must have all received all required doses of the COVID-19 vaccination and have received booster(s) if eligible.

Quarantine - if exposed to COVID-19 and **are not fully vaccinated**: Quarantine at least 5 full days (i.e., may return on day 6). Wear a mask until day 10 has passed outside of school. Masks will still be required in school at all times. After first 5 days, watch for symptoms until 10 days have passed.

Quarantine begins after the last day of contact with a COVID positive person. If symptoms develop isolate immediately and get tested.

Avoid travel and being around people who are high risk.

Quarantine - if exposed to COVID-19 and **are fully vaccinated** or had COVID in the past 90 days: No quarantining necessary if symptom free. Watch for symptoms until 10 days have passed since last contact with a COVID positive person. If symptoms develop isolate immediately and get tested. Wear a mask until day 10 has passed outside of school. Masks will still be required in school at all times.

Avoid travel and being around people who are high risk Isolation, if you test positive for COVID-19 or have symptoms regardless of vaccination status.

Isolate at home for at least 5 days (i.e., may return on day 6). End isolation after 5 full days if fever free for 24 hours (without the use of a fever-reducing medication) and symptoms are improving.

End isolation after 5 full days if asymptomatic.

If severely ill with COVID-19, isolate for a full 10 days (i.e. may return on day 11). Wear a mask until day 10 has passed

Avoid travel and being around people who are high risk.

For more information as to why the CDC guidance on isolation and quarantine has been shortened please visit: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation-background.html>